

THE MARINER

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The Official Publication of the Naval Enlisted Reserve Association



NERA NAVY RESERVE
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YNC Joanne Elliott Receives 1776 Award

page 11



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Naval Enlisted Reserve Association (NERA)
National Headquarters
6703 Farragut Avenue
Falls Church, Virginia 22042-2189

Office: 703-534-1329
Toll-free: 800-776-9020
Web: www.nera.org
Email: members@nera.org

National President
ABHCS EuGene "Geno" P. Koelker,
USNR (Ret.)
815-209-5391
president@nera.org

National Vice President
ET1(SS) Chuck Cox, USNR
732-698-3049
vp@nera.org

National Secretary
YNC Marianne Mosher, USN (Ret.)
secretary@nera.org

National Treasurer
YNC Joanne Elliott, USN (Ret.),
(H) 215-547-7004
treasurer@nera.org

National Counselor
YNC Deborah "Debbie" Fallon,
USNR, (Ret.)
603-858-4144
nc@nera.org

Past National President
SKCS(AW) Nick Marine, USN (Ret.)
770-426-8060
pnp@nera.org

Executive Director
DCCM Stephen R. Sandy, USNR (Ret.)
703-534-1329
neraexec@nera.org

Deputy Executive Director
OSC Michael P. Hughes, USNR (Ret.)
703-534-1329
neradeputy@nera.org

Managing Editor
YNC Joanne Elliott, USN (Ret.)
(H) 215-547-7004
marinereditor@nera.org

Printing
Mercury
240-631-1389

Design
Karen Durland
kdurland@gmail.com

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Cover Photo by Ray Robson

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Geno Koelker
National President

Ahoy Shipmates

First of all, I wish to thank the Windy City Chapter (my chapter) for the outstanding job they did hosting our 55th National Conference. If you could not attend, you missed out. A **special thanks** go to Jerry & Penny Padour. Good luck to you on your Virginia endeavors.

Next, I wish to thank everyone for their support in electing me as their President. I want to assure **all** that I do not take this position lightly. My team, your representatives, and I feel it is going to be one of the best teams for years to come.

One of the first courses of action is to address membership. We all have to be recruiters and build our membership. For those of you that did not know, the Monday following the conference, I was in the hospital for two and a half weeks. I am now home and recuperating. One of the ways I recruit is to wear clothing items that advertise my chapter or service in the Navy. I find veterans, and others, are eager to engage in conversation when they see you showing your NERA and Navy Pride. I wear hats, jackets, belt buckles and carry my challenge coins. I was flat on my back, in the hospital, with my chapter's challenge coin, and a novelty coin on my bed side tray. One of my doctors was so intrigued by my Mercy/No Mercy coin that I had to give it to him.

Also, another attendant was telling me about her son, stationed in Afghanistan. That conversation started when she saw my chapter's NERA coin. I find out that he is a fellow reservist, from Florida, a Senior Chief who volunteered to go over to Afghanistan. I, of course, immediately gave her a challenge coin to be included in her Thanksgiving care package. Then I pulled out my "back up" NERA coin to put it back on my table. If I can recruit while in the hospital, flat on my back, I am challenging you to do one better. I know Chuck Sherrick can, so it is up to the rest of you to get on board — don't let the ship sail without you.

Other areas I intend on addressing are the NERA headquarters issues, the LMIF fund, expenses regarding the cost of the Mariner, obtaining sponsors (corporate or others), and a RTC reserve award (co-sponsored with USAA) at each boot camp graduation.

In closing, I wish to thank Nick Marine for the superb job he has done, and for being a mentor to me. He has agreed to stick around and spearhead this awards program, and to work in establishing future sponsors for NERA. Thanks, Nick.

Smooth Sailing,

Your new President,
Geno

**We all have to be recruiters and build our membership...
If I can recruit while in the hospital, flat on my back,
I am challenging you to do one better.**

A Call to Action: Recruit a Member!



**Master Chief Steve Sandy
wants you to recruit a new
member for NERA.**

For just \$30 a year, a member can get professional support, receive the Mariner magazine, scholarship opportunities and more.

Or for \$300, become a lifetime member with all those benefits and become part of an elite group of Sea Service Reservists for life.

nera.org



Joanne Elliott
National Treasurer

Statement of Service (Point Capture)

If you need to obtain a copy of your Statement of Service, contact the Navy Personnel Command Customer Service Center at 1-866-U-ASK-NPC for more information.

Reserve Retirement with Pay

You must ensure that your contact information is updated in the DEERS system. If not, go to your nearest military facility, where you can update your ID as well as your personnel information. You will be notified 6 months prior to the date of your first retirement check at age 60. If you do not receive notification four months prior to your 60th birthday, contact PERS-912 by calling 1-866-827-5672

Higher Tricare Pharmacy Fee

The 2013 Fiscal Year National Defense Authorization Act requires TRICARE to increase co-pays on brand named and non-formulary medications that are not filled at military clinics or hospitals. There will be no increase to generic medications. Co-pay for 30 day supply of brand

name will increase from \$12 to \$17; home delivery will rise from \$9 to \$13. Non-formulary medication will rise from \$25 to \$44 at retail pharmacies and will be \$43 through home deliveries.

Military Vacation — Key West

If you (retirees, active and reserve) are interested in spending some time in Key West, Florida, there are several places for you to stay. Leisure/Space A can be booked up to 30 days prior to arrival at the Navy Gateway. Call 305-293-2830 or 1-877-628-9233. Their website is www.dodlodging.net. The Navy Lodge's number is 305-292-7556 and is located on Sigsbee Point. Each room contains a kitchenette

and two queen size beds. You can also email them at navy-lodge.keywest@nexweb.org. Find Navy Lodges on https://www.navy-lodge.com/lodge_select.html. Key West also has camp sites and an RV park.

For more information on DoD Lodging go to <https://www.dodlodging.com>. HAPPY TRAVELING!!

Tricare for Life Beneficiaries — Use of VA Facilities

There has been some confusion as to whether or not veterans who have retired and are now receiving medicare and Tricare for Life could still utilize their VA benefits at clinics and medical centers. I called the billing department at

the VA Hospital in Philadelphia and was advised that it only applied to those receiving CHAMPUS. I went to my clinic appointment today and my doctor confirmed that the information I received was indeed correct.

Medical Disability Review Backlog

It's been reported that the Pentagon panel reviewing medical disability ratings of discharged troops has made great inroads into the backlog. If you think that you may qualify to have your medical records reviewed, you can

fill out a DD Form 294. The form can be found online at <http://www.dtic.mil/whs/directives/infomgt/forms/eforms/dd0294.pdf>.

Other Contact Information

Burial at Sea Information: 866-787-0081; www.npc.navy.mil

Gulf War homepage: www.gulfink.osd.mil

National Burial Services: 800-697-6940

Navy Uniform Shop: 800-368-4088; www.navy-nex.com/uniform

Records: to replace DD214, service records, medical records, award information:

Retired prior to 1995: www.archives.gov/veterans/military:service-records

Retired after 1995: Navy Personnel Command, PERS-312E, 5720 Integrity Drive, Millington, TN 38055-3120. Fax requests to 901-874-2664; **Gray-area reservists: 866-827-5672.**



For the latest news and
information visit

NERA.org



NERA Memorial Walk

Pave the way for NERA's future by naming
a brick today!

Become a part of history by purchasing a brick on the NERA Memorial Walk. NERA has a long history of protecting the rights and benefits of the enlisted reserves. You can help continue this tradition by purchasing a brick. Your brick can memorialize a shipmate, family member, yourself, or a significant time in your military history.

Each 4" x 8" brick costs \$100 and will be custom engraved to your specification and placed in the Memorial Walk in front of NERA headquarters.



NERA Memorial Walk General Information

Phase 1: Will feature the bricks surrounding a lighted flagpole.

Phase 2: Construction of a brick walkway leading up to NERA HQ.

Donations to the NERA Memorial Walk are tax deductible to the extent allowed by law.

NERA reserves the right to review all copy submitted.

Questions can be directed to Jennifer Abbott, jabbott@nera.org or (703) 534-1329.



Credit: Architect of the Capitol



Legislative Updates — Winter 2013

By Michael P. Hughes OSC, USNR (ret), Deputy Executive Director

The current political climate appears to be unprecedented in the scope of proposed cuts and attacks on military funding, focusing particularly on service members and family compensation and benefits. Department of Defense (DoD), the President and Congress are proposing major cuts such as:

- Significant reductions in cost of living adjustments through use of a “chained CPI” calculation;
- Reducing and/or closure of commissaries and exchanges;
- Cuts in BAH and travel reimbursements;
- Lengthened overseas tours;
- Revamping of retirement system to a civilian type calculation that would significantly reduce career retirees’ annuities.

These are just a few examples of many upcoming proposals. NERA continues to voice opposition to these plans to erode the hard earned benefits of our members. We have been working with Congressional members, their staffs and through our 32 partner organizations in The Military Coalition. It has become increasingly difficult dealing with Congress, which may be explained by the fact that today there are only 19% of Congressional members who are veterans (as opposed to 80% in 1977). However, NERA remains dedicated to fighting these proposals.

At the time of this writing, the FY 2014 National Defense Authorization Act has yet to be enacted. The government, including DoD, is operating on a continuing resolution until January 15, 2014 and a temporary debt ceiling limit until Feb. 7, 2014. That means that we may be facing

another budget stalemate and possible government shutdown again. Sequestration cuts, if not changed legislatively, will cut another \$50 billion from the DoD budget in 2014. Military leaders have said that these cuts will severely hinder the ability to provide necessary defense of our nation. Cuts since enactment of the sequestration in the Budget Control Act of 2011 have already led to reductions in active and reserve forces, delayed maintenance and equipment replacement cycles, reduced needed deployments and cancelled training. All of this reduces readiness and the ability to carry out the missions. We have already experienced personnel cuts in the Navy Reserve, Marine Corps Reserve, and Coast Guard Reserve and more are likely. This is at a time when there is an expectation for more operational and deployable Reserve Component integrated with the active forces.

Military Compensation and Retirement Modernization Commission (MCRMC)

The FY 2013 National Defense Authorization Act established the 9-member MCRMC. The MCRMC has begun to hold public and executive sessions to review all military compensation, benefits and retirement. Currently serving military members and retirees are grandfathered into their current compensation and benefits and are not affected by any adopted recommendations of the MCRMC. The MCRMC will review a large and varying scope of systems, including health care, family support, manpower, living standards, pay and other compensation, education, retirement, housing, readiness, etc. The MCRMC’s report is due by May 1, 2014. NERA will continue to follow and comment on the commission’s progress and report on it. Those of you who are interested in following the developments can access the MCRMC at <http://www.mcrmc.gov>.



Chuck Cox
NERA
Vice President

Hello Shipmates,

Thanks to all of you who made it to the National Conference in Chicago. I was so looking forward to seeing all of you, visiting Great Lakes RTC (where I went to Boot Camp), the Navy Pier, and my Alma Mater, Maine Township High School East in Park Ridge, IL. I would not have missed it if it were not for a very good reason and that was the case. My son married his sweetheart on October 18th, 2013.

I would like to thank Past National President Hank Inglese for getting me involved in NERA. Special thanks to Past National President Chuck Sherrick for standing in for me at the conference.

this recruiter extraordinaire! Growing our membership is so important, so I am counting on Chuck to share his expertise when I reach out to all of you to become recruiters as well. Spread the word....we welcome new members!

Kudos to Joanne Elliott for receiving a well-deserved NERA'S 1776 Award, "Service to the Reservist" winner YNC Jessica R. Cottrell and the President's award winner, Jake Kriebel.

I am ready to get to work and am up for the challenge. I thank you in advance for your support and I look forward to getting

I am ready to get to work and am up for the challenge. I thank you in advance for your support and I look forward to getting to know you and to working with you.

Chuck has been an inspiration to me and to many and continues to be a tireless, dedicated leader. His wife, who was always at his side, is greatly missed (Margaret passed away this past year). Hank and Chuck, you are both great mentors and friends and I hope to follow in your footsteps.

Adding to his accomplishments, congratulations go out to Chuck Sherrick who is the #1 Recruiter, 9 years running. The Garden State Chapter has been very lucky to have

to know you and to working with you. One of my priorities will be starting work on the new resolutions.

Knowing that this issue covers the holiday season, I would like to close by wishing my NERA Family a Happy Thanksgiving, Happy Hanukkah, Merry Christmas, and a Happy, Healthy New Year.

Chuck Cox,
National Vice President

Spread the word....we welcome new members!
www.nera.org



Stephen Sandy
NERA
Executive Director

Dear NERA Members and Friends,

By Stephen Sandy, Executive Director

The 56th Annual NERA Conference held in Chicago is now behind us and it was a huge success. I want to thank all those who organized this conference, the speakers, the attendees and the sponsors. We held an election and now have a new team of elected officers. We had to bid farewell to Nick Marine, NERA's past president. His friendship and leadership has guided NERA well and Nick will be greatly missed. We now welcome Geno Koelker as NERA's new president. I look forward to working with Geno in building a strong NERA and growing our membership. His expertise and guidance is an excellent asset to NERA and we are grateful he accepted this nomination.

Here are our new NERA elected officials:

- Geno Koelker, National President
- Chuck Cox, National Vice President
- Marianne Mosher, National Secretary
- Joanne Elliott, National Treasurer
- Debbie Fallon, National Counselor

I am very confident that with this new leadership, NERA will be able to fulfill its mission. This mission of promoting and maintain national security by ensuring a strong and well-trained Naval, Coast Guard

and Marine Corps Reserve is a lofty goal. However we can achieve this lofty goal by paying attention to the details and protecting the rights our Sea Service Reservists have earned with their military service. These last couple of months have been trying months in Washington. Between the furloughs, the government shut down and the Navy Yard shooting, our resolve has been tested. However, I am even more dedicated than ever to advocating for promotions, increased pay and retirement benefits for our reservists. By protecting these rights for our reservists, we are safeguarding a strong and well-trained Naval, Coast Guard and Marine Corps Reserve.

Please tell others about NERA and what we are doing to promote their cause. We are always looking for new members and enjoy hearing from you. I know every one of the newly elected NERA officials feels the same way I do regarding pursuing NERA's mission and I am looking forward to working with them to achieve our goals. Please feel free to contact me with any issues or questions at neraexec@nera.org or (800)-776-9020.

— Steve

“I can imagine no more rewarding a career. And any man who may be asked in this century what he did to make his life worthwhile, I think can respond with a good deal of pride and satisfaction: ‘I served in the United States Navy.’”

— John F. Kennedy



YNC Joanne Elliott Receives 1776 Award

YNC Joanne Elliott is a life member of NERA; served from 1995 to 1999 as Secretary of the Delaware Valley Chapter and became President in 1999 until the present. She recently retired after 28 years in the Navy Reserves. During her tour with the Navy, YNC Elliott was first mobilized during the Kosovo operation and was assigned as the Joint Universal Lessons Learned Coordinator for Joint Task Force Noble Anvil. She was responsible for collecting data from the Army, Navy, Air Force and Marines, and compiled the information into the Joint After-Action Report, which was submitted to the Joint Chiefs of Staff. She was then assigned as the Navy Cell Chief at Da Molin in Vicenza, Italy where she managed the arrival and departures of assigned personnel, prepared fitness reports, travel claims and corrected pay and travel problems. In 2001, she was recalled again to Washington, D.C. as the Admin LCPO of the OPNAV Mob Cell, where she was responsible for processing and tracking over 15,000 Navy Reserve billets.

YNC Elliott was then sent to CINCUSNAVEUR, London to head a team of Volunteer Income Tax Assistants and personally completed over 200 complex income tax returns, with 100% accuracy.



1776 Recipients: Front Row (l to r) SKC Penny Padour; SKCS Norma B. von Dohren; YNC Dorothy Texidor; LNC Janice Roy, Back Row (l to r) YNC Debbie Fallon; YNC Joanne Elliott; YNC Chuck Sherrick; OSCM Hans Keller; AVCM Don Bauman; ETCM Lou Pagano; ACCM Delores Rucker



YNC Joanne Elliott, USN (ret.) awarded the 1776 Award by Executive Director, Steve Sandy and President Nick Marine

In 2003, YNC Elliott was again mobilized in support of Iraqi Freedom to Norfolk, VA where she not only processed individual personnel on and off active duty but supervised the Admin department of the Transient Personnel Department for the Norfolk active duty personnel. She also became one of the Casualty Assistance Calls Officers for the MidAtlantic Region as well as a Command Financial Specialist for the active duty station.

Since 2003, she has worked with the Navy and advocacy groups to aid reservists returning from active duty who are experiencing medical problems to obtain benefits and continuity of care. She has also assisted sailors with issues concerning pay, retirement, and USERRA issues.

As a civilian, YNC Elliott is a licensed realtor with over 30 years of experience and has been affiliated with several law firms since 1970, as a secretary, paralegal, and administrator of an immigration department. She worked for N8F Warfare Integration at the Pentagon for the Navy as an International Analyst until her retirement in 2011.

She graduated from Excelsior College (cum laude) with a Bachelor of Science degree in Business Administration.



The (New) Normal Life

By Anonymous

I'm just a normal guy, living a normal life, with a normal family, in a normal town. Some people say the places I've been and the things I've done make me a hero. I believe that I had a job to do, nothing more, nothing less. Normal.

Eight years ago, normal for me meant getting up and going to a job I loved, coming home to a home I loved, seeing a wife and daughter that I loved. Normal. Once a month, I packed up for the hour-long ride to drill and spent the weekend with friends "doing the work that would win the war". I did my two weeks every year, supporting the mission and doing my part for the country I love. One day, I got a normal phone call, had a normal conversation and normal changed forever.

Normal for me became going to a job that I hated. The neighborhood, the people, they all reminded me of over there. I was constantly on edge, looking for threats and avoiding them at all costs. I did not want to go home to my wife and kids; they were stark reminders of everything I missed out on. I didn't want to go to drill and talk to my friends and I felt like I had no friends. No one could understand where I've been and what I've done. The idea of having to try to explain it to them became overwhelming and I made excuses to skip drill. I even tried to leave the Navy and did anything to avoid going back. I became increasingly withdrawn, stopped going to the gym, talking to family and friends, and drifted away from my wife and children. But it was all normal.

I waited almost three years to seek any sort of support and my normal had become avoiding facing difficult emotions, suppressing unpleasant feelings, and masking my hopelessness. It was a deep hole to climb out of.

I got the call we all dread but know is coming. I was selected to "go forward and take the fight to the enemy", whatever that meant. It meant a trip to Arizona for a little advanced training, followed by four of the coldest months I've ever survived in lovely Ft. Riley, Kansas.

The following year was a blur of oppressive boredom, crippling fear, unrivaled excitement, and constant worry. As an embedded trainer with the Afghan National Army, we lived among and worked alongside Afghan soldiers. Some days were spent in the office, others my friends and I loaded up our luxury vehicles (our 1114 and 1151 Humvees) and took relaxing drives through the picturesque countryside (combat patrols through enemy territory). Most of the time, our trips passed without incident; other times shots were fired. None of our guys got hurt and we all went home. And once again life was normal.

I woke up every day, went to a job I hated, came home to a family I didn't want to be a part of, have a "few" drinks to help me sleep. Then I would wake up the next day and repeat the process. I was slowly dying at first on the inside and then outwardly too. The turning point came one day while doing laundry. My eldest daughter snuck up and grabbed me around the leg, "Gotcha!" I jumped, she flew across the room, and we both cried. I had always toyed with the idea, but that was the day I decided to take advantage of my quickly expiring VA benefit. I called and made an appointment with a doctor. My new normal was not normal. My new normal is living with post traumatic stress disorder (PTSD). I started treatment, a mixture of medication and counseling.

That was by the most difficult mission I have ever undertaken. Early on in the process, I remember my wife telling

me that she hated me going to therapy because every time I came home I had a new reason to fight with her. It's true; I had a lot to work through. I waited almost three years to seek any sort of support and my normal had become avoiding facing difficult emotions, suppressing unpleasant feelings, and masking my hopelessness. It was a deep hole to climb out of.

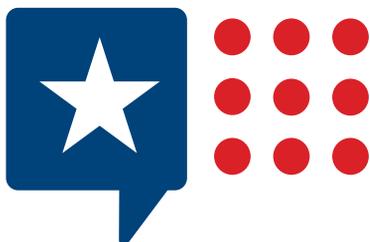
At my most recent VA appointment, I remember walking out of the session thinking that I should have somehow embellished the details to really make my point and enhance my case. I felt like I had missed an opportunity. However, months later I received the results of that meeting and my new normal was not normal—it was a severe case of PTSD. I was informed that I was in really bad shape and that unless major changes were made, I had little hope for any improvement.

This story does not have a story book ending. There was no miraculous change and fantastic cure, but there has been progress. I have embraced my new normal and I recognize I can't handle this on my own. Fortunately, I have a loving and supportive wife. She has persevered through a situation I thought was hopeless and today we enjoy more and deeper communication. I also pay closer attention to the warning signs. I still have those days when I feel hopeless, but what used to last for weeks now only lasts a day or two.

I started out by saying that I am a normal guy. That's true. But my normal is not what it used to be. I am gradually getting used to the changes and learning to live my new normal life, in my old normal house, with my old normal family.

Editor's Note

Veterans Crisis Line



1-800-273-8255

PRESS 1

If you or someone you know is suffering from PTSD please contact the VA Hotline: Where to Get Help for PTSD.

<http://veteranscrisisline.net>

Are you are in crisis? You have options:

- Call 911
- Go to the nearest Emergency Room
- Call the Suicide Prevention Lifeline 1-800-273-8255
- **Contact the Veterans Crisis Line:**
 - Call 1-800-273-8255 and Press 1,
 - chat online at <http://veteranscrisisline.net>,
 - send a text message to 838255
 - Support for deaf and hard of hearing individuals is available.

Please note that the National Center for PTSD does not provide direct clinical care or individual referrals. We provide information to help you find local mental health services and information on trauma and PTSD.



NOSC Family Day — July 21, 2013

By Dick Schreiner, Edited by Marianne Mosher, Photos from Dick Schreiner & Marianne Mosher

On July 21, 2013, members of the Greater Lehigh Valley Chapter of NERA participated in Family Day activities with the Lehigh Valley Navy Operational Support Center (NOSC) at Bicentennial Park. GLVC donated money towards the food and refreshments being served to about 300 Sailors, spouses and children. After the awards presentations, the NERA recruitment table had a lot of activity; GLVC members were talking to prospective new members and handing out a few Mariners, Chapter Newsletters, NERA applications, chapter pens and note pads to all who came over to talk to us.

HM2 Chuck DeSautel did a great job coordinating the NERA table. HM2 raffled off a NERA Chapter challenge coin making a few dollars for the treasury. Also helping him at the table were Dick and Gloria Schreiner, Dave Bennett, and George Shumack.

Showing their Electron Blue Corvette in the Allentown Corvette Club car show area were National Secretary of NERA, Marianne Mosher and her husband Duane, and Past National NERA President, Larry DiPasquale and his wife Karen showing their Metallic Red Corvette. The reservists and their families then voted for their favorite Corvette.

Over 12 GLVC Chapter NERA members helped to promote NERA that day. Members also in attendance and needing to be recognized were Nick Martocci, Ed Hettel and Jeff Frantz.

Considering most of the troops are from outside our geographical area, we really spread the word on the importance of NERA.



Top Left: Past National President Larry DiPasquale, his wife Karen, and GLVC Treasurer Dave Bennett Above: Allentown Area Corvette Club cars on display; Marianne & Duane Mosher's blue vette is first one in line. Top Right: Past President Larry DiPasquale's red vette, second from left.



Dick and Gloria Schreiner arriving at Family Day.



From left: Dick Schreiner with the Lehigh Valley NOSC CO, CDR Levy, and GLVC member Retired Chief Jeff Frantz.



GLVC Members Dave Bennett and Nick Martocci (standing)



Moon bounce and water slide for the kids at Family Day.



NERA recruiting table in action! With Chuck deSautel, Dick Schreiner, Marianne Mosher, and George Shumak.



Chow Line: Dick and Gloria Schreiner (left) and George Shumack (right).



GLVC & Natl. Secretary Marianne Mosher accepting letter of appreciation from LV NOSC CO CDR Levy (blue shirt), for coordinating the Corvette show portion of Family Day.



More NERA members chowing down



A Checklist for Financial Security in 2014

Courtesy of USAA

Are you missing direction when it comes to money matters? Without a game plan, it can certainly feel that way. Use these simple but critical principles in 2014 to give you direction and purpose on your personal journey toward financial freedom:

Protect your life, loved ones and possessions.

Ensure the various types of insurance that help you avoid a financial catastrophe keep pace with you and your family. Life is always changing, and it's time to make sure your insurance is up to date.

Spend less than you earn.

Yes, this is the old concept of living within your means. Sounds pretty basic, but obstacles are everywhere. This is the most direct route to eliminating current and future debt, but staying on track can take a lot of effort.

Save for emergencies.

The first line of defense in avoiding a financial disaster or simply staying out of debt is to have an emergency fund. Building the equivalent of at least three to six months' worth of committed expenses will help you stay on course when something unexpected comes your way.

Save now for retirement.

There are always reasons to put this off. Make 2014 the year you follow through and get started. The burden of creating financial security in retirement is squarely on your shoulders. Don't ignore it. Contribute to a plan at work or fund an individual retirement account. Remember, the first step is the toughest.

Prepare your will.

Everyone has heard of wills, powers of attorney and the like, but do you really need them? The answer — whether you're 33 or 83 — is yes.

Have an up-to-date financial plan.

It doesn't have to be complicated or 150 pages long. It just needs to be the product of thoughtful consideration of your goals, resources and strategy. **Online tools and calculators are available and useful:**

USAA Toolbox



USAA® Money Manager



Goals Planning Tool



Retirement Calculators



Life Insurance Calculator

There you have it:

An important to-do list for 2014 and a plan that ties everything together as your checklist for financial security.

» **Talk to an advisor about your financial security.**

Call 877-503-NERA (6372) or visit us at usaa.com/nera today.



USAA® Money Manager is not an investment advisory service of USAA.

Life insurance and annuities provided by USAA Life Insurance Company, San Antonio, TX. All insurance products are subject to state availability, issue limitations and contractual terms and conditions. Financial planning services and financial advice provided by USAA Financial Planning Services Insurance Agency, Inc. (known as USAA Financial Insurance Agency in California, License # 0E36312), a registered investment advisor and insurance agency, and its wholly owned subsidiary, USAA Financial Advisors, Inc., a registered broker dealer. NERA receives financial support from USAA for this sponsorship. © 2013 USAA. 147197-1213



New Navy Reserve Force Master Chief

By Yvette Purtil

Command Master Chief Clarence "CJ" Mitchell relieved Force Master Chief Petty Officer (FORCM) Christopher Wheeler as Force Master Chief of the Navy Reserve. During a beautiful ceremony at the Navy Memorial, in Washington, D.C., on Oct. 18, the event was both a change of office and a retirement ceremony.



15th Force Master Chief for the Navy Reserve, FORCM(AW/SW) Clarence "C.J." Mitchell

Wheeler, retired from the Navy Reserve after 31 years of naval service. He began his active duty naval career on October 17, 1982. Wheeler became the 14th Force Master Chief of the Navy Reserve Force in June 2011 and was responsible for advising for advising the Chief of Navy Reserve regarding more than 62,500 Navy Reserve personnel. "From the time he left boot camp to this day, Force Wheeler did what all great leaders do - he set the example and led the way," said Chief of Navy Reserve, Vice Adm. Robin Braun. "Since assuming the role of Force Master Chief, he never hesitated to stand-up and fight for Reserve Sailors and their families."

As the incoming Navy Reserve Force Master Chief, Mitchell reported from his previous assignment as the Command Master Chief for Commander, Navy Reserve Forces Command in Norfolk. Mitchell said his priority will be the readiness of the Force. "I have been asked what my focus will be as Force Master Chief," Mitchell said. "I will focus on the priorities of our leadership and enabling Sailors to serve effectively considering those priorities. We must always be ready -- operationally ready for mobilization and contributory support; personally ready, resilient, and healthy; and of course, ready at home with our families and employers. We need everyone on the team."

We wish Force Master Chief Wheeler fair winds and following seas on his retirement and wish incoming Navy Reserve Force Master Chief Mitchell steady resolve as he carries out his mission of the Navy Reserve in delivering strategic depth and operational capability to the Navy, Marine Corps, and Joint Forces.

Save the Date! September 24 – 28, 2014

NERA's 57th Annual National Conference

The Holiday Inn San Antonio Riverwalk

Reservations: 210-224-2500 (Ask for NERA Annual Meeting 2014-Resend group.)

Visit nera.org for more information



Coast Guardsmen Run to Remember 9/11 Victims, Honor Heroes

Story and photos by Petty Officer 3rd Class Lisa Ferdinando

The sky had a warm glow from the late summer sun as Coast Guardsmen began a charity run to honor the victims of the Sept. 11, 2001, and paid tribute to all who have served the nation. The race, held just outside Washington D.C., had special meaning for Chief Petty Officer David Donohue, a reservist with Sector Baltimore. He lost many friends from the New York City Fire Department (FDNY) on that day a dozen years ago. Donohue, who previously trained with the FDNY, was scheduled to make a ride-along with firefighters on Sept. 11. Fate intervened and an appointment forced him to reschedule.

“The station I was going to ride with was wiped out,” said Donohue. “The station, the HM1/S288, was the hardest hit, with none of the on-duty members surviving. The fire service special operations community is relatively small, and all told, I lost 33 friends that day and have lost three more who worked the [rubble] pile,” he said. Donohue was among the thousands of participants at the Arlington Police, Fire and Sheriff 9/11 Memorial Race, held in the early evening, Sept. 7, 2013, in Arlington, Va.

The 5K race took participants past the Pentagon Memorial, which honors the 184 people killed in the Pentagon and on American Airlines Flight 77. In addition to Donohue, the Coast Guard team participants were Coast Guard Reserve Force Master Chief Mark Allen, Lt. Tara Collins, Chief Petty Officer Nicole Clark, Petty Officer 1st Class Jason Rice, Petty Officer 2nd Class Sara Truesdell and Petty Officer 3rd Class Dan Kohner. The Coast Guard team, which tied for 3rd place in the military team category, included active duty and reservists. Allen said running past the memorial “brings it home to each of us participants why we are running in this race.”

The race was a transformative and powerful experience, he said, with so many other enthusiastic participants and supporters honoring the nation’s fallen heroes, first responders, military members, and victims of the attack. It was a meaningful way to honor the victims, and those



Above: 9/11 Race CGRF-MC headed for the finish line.



Left: 9/11 Race Coast Guard Team

who have paid the ultimate price serving our nation and those who continue to serve in harm’s way. “It was a run for those who cannot run,” said Allen. The sold-out race, which raised money for 9/11-related charities, brought together first responders, military personnel, family members and others. From the youngest to the oldest, to the first to the last, participants finished the course as onlookers clapped, waved and shared words of encouragement.

“Everybody here is cheering everybody else on,” said Allen. “We’re all here just to honor those who sacrifice. It’s a very homogenous and almost spiritual event.” Collins, a reservist with Sector Baltimore, organized the Coast Guard team. She has run the race every year since coming to the area in 2008. “It’s obviously an important day to commemorate and to honor those who gave all, and those who are still serving,” said Collins. Especially meaningful, she said, was running past the Pentagon Memorial, and taking part in this event with fellow Coast Guardsmen. “It’s great to be able to get everybody together for such an occasion and do this. It’s a beautiful setting, with the sun setting over our nation’s capital. It’s just great to be out here,” she said.

After the race, the sun set as an American flag, suspended between two fire truck ladders, blew in the breeze. Participants left the once-crowded streets, knowing for certain that they remembered the attacks of 9/11 and paid homage to the victims and all the heroes who served and continue to serve, protect and defend our nation.



Naval Mobile Construction Battalion Twenty on (NMCB 21) Decommissioned

By YNC Chuck Sherrick, USNR (ret.)

Naval Mobile Construction Battalion TWENTY ONE (NMCB 21) cased its colors for the 2nd time in its 72 year history at a decommissioning ceremony held at Joint Base Dix McGuire Lakehurst on September 21, 2013. Speaking to RADM Scott Weikert, the men and women of NMCB 21, their family and friends, former Commanding Officers and alumni of NMCB 21, Captain Gary L. Rouse, Commander of the Seventh Naval Construction Regiment (7th NCR) told those gathered, “That it was very appropriate that NMCB 21 should be decommissioning on September 21 because this was their day.”

Initially commissioned in the Spring of 1942 in Norfolk, VA as a reserve battalion, NMCB 21, known as the “Black Jack” Battalion served with distinction in the Aleutian Islands, Dutch Harbor Alaska, the Hawaiian Islands, Saipan and Okinawa. At the end of World War II, NMCB 21 was decommissioned as part of the general draw down of military forces after the war.

In 1962, at the height of the cold war, NMCB 21 was re-commissioned as a reserve battalion and located at Naval Air Station Willow Grove, Pennsylvania. The Battalion was created by the merger of various reserve

Seabee units under the command of the Fourth Naval District. The Black Jacks trained at NAS Willow Grove until 1972, when the Battalion moved to a newly built readiness support site (RSS) at NAS Lakehurst, NJ. The RSS has the unusual distinction of having been built on top of the wreckage of the infamous German passenger airship Hindenburg that caught fire and was destroyed trying to dock with the mooring mast at NAS Lakehurst in 1937.

Guest speaker RADM Scott Weikert, Deputy Commander, Naval Facilities Engineering Command and an alumnus of NMCB 21, said: “[s]tanding before you are some of the best Seabees and finest Seabees that this Nation has ever seen. I know that many of you are here with sad hearts and disappointment that our Seabee force is shrinking and that the Battalion is being de-commissioned. I share that disappointment. It’s unfortunate, but it’s not the first time, as was mentioned in the Battalion History.”

“Force structure is a dynamic thing,” he added. “The size, the make-up, the mission of our force must remain flexible if we are going to remain relevant. Our demonstrated ability as a force, throughout our history, to rapidly grow to meet and satisfy our continuous urgent needs coupled with the ability to reduce our size and structure, when demand is low or fiscal constraints exist, is one of our strengths.”

NMCB 21 Commanding Officer, William R. Mock, Jr. told the Black Jacks: “We have two choices this morning; we can either mourn the casing of NMCB 21’s colors or we can choose to celebrate her achievements. Since I’ve had command of NMCB 21, we made a conscious decision to ensure that this great Battalion would be defined by her rich history and not the force restructuring that’s led us to this day. If you look on the surface, all you’ll see is a bunch of tired buildings and then you’ll realize that over the years it hasn’t been the facilities, the location, or even the number of the Battalion that made it great, it has



been the people. Our people are mothers, fathers, sons, daughters, volunteers and patriots. Each and every one of you is sewn with the fabric of patriotism, leadership and impeccable morale fiber." "We can case our colors," he added, "but the spirit, the legacy and the camaraderie of NMCB 21 can never, and will never be cased."

Since September 11, 2001, members of NMCB 21 actively participated in rescue efforts and combat operations. Working with the New York Naval Mobile Militia, they took part in the rescue and recovery efforts in the aftermath of September 11th. In 2003, the Battalion mobilized 250 personnel in two heavy air detachments in support of Operation Iraqi Freedom. One of the air detachments participated in the invasion of Iraq and earned the Presidential Unit Citation, the highest unit award that our Nation can give.

In 2005 and 2006, personnel from NMCB 21 again mobilized in support of Operation Iraqi Freedom and Enduring Freedom. These individuals served in Afghanistan, Iraq, and Kuwait. In 2009, NMCB 21 mobilized and deployed as a full battalion as part of the Nation's 30,000 troop surge into Afghanistan. While in theatre, they conducted limited combat engineering; provided general engineering support; maintained freedom of movement for forward and main operating bases; and constructed maintained and established critical buildings and infrastructure. During this deployment, NMCB 21 supported the 22nd NCR, the 3rd NCR, and the 25th NCR with personnel in Afghanistan, Iraq, Bahrain, and Kuwait.

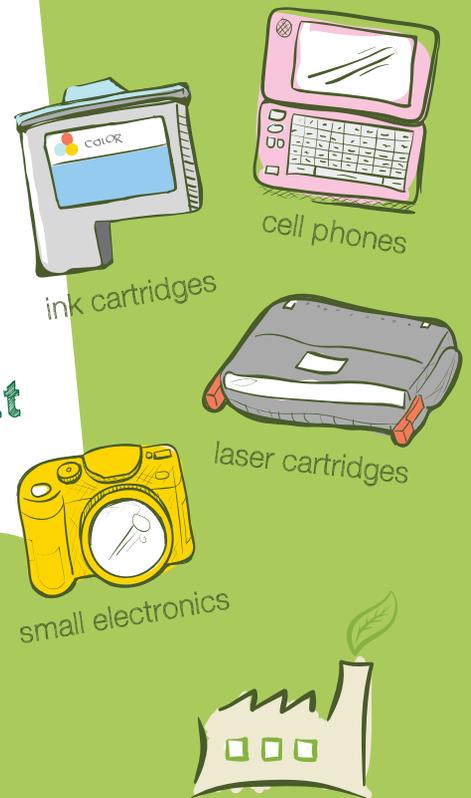
We honor the contributions that NMCB 21 has made to the Navy, the Department of Defense and the Nation. "NMCB 21 has Done and Can Do!"

Recycle... TURN TRASH INTO CASH!

Help us earn free equipment
and cash by turning in...

For more information, contact our
"National Recycle Coordinator" Debbie Fallon
at (603) 858-4144 or debbiefallon@msn.com.
Or contact headquarters via the new
NERArecycles@nera.org.

(Please see page 26 for detailed instructions.)



FundingFactory
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HIGHLIGHTS FROM THE NERA 2013 CONFERENCE



USS Constitution member Ken Harkins at registration desk



National Anthem sung by the Waukegan High School A Capella Singers



55th National Conference Attendees



CMDM(SW) Samuel Bernhardt,
Command Master Chief, NOSC
Great Lakes



Chris Glennon with newly elected National President Geno Koelker



Lou Pagano, Don Bauman and Betty Petit



LtoR DED Mike Hughes, Treasurer Paul Smurawski, VP Duke Hayes, National Counselor Gene McCarthy, Secretary Marianne Mosher, and Past National President Joanne Elliott



Jake Kriebel



Color Guard-Zion-Benton NJROTC



Mike Hayes and Sue Kriebel



Robert Warren, USAA Lead Affinity Account Manager; Bryan Gasparro, USAA Wealth Manager, Penny Padour, NERA; Nick Marine, NERA President; Sellenne Calhammer, Director, USAA Wealth Management, Chris Glennon, USAA



HIGHLIGHTS FROM THE NERA 2013 CONFERENCE, cont.



NTC



L to R) Verna Koelker, President Geno Koelker, Chuck Sherrick standing for Vice President Chuck Cox, Secretary Marianne Mosher, Treasurer Joanne Elliott and National Counselor Debbie Fallon



Lee Becker



President Nick Marine and CAPT William Bullis, CO RTC present Service to Reservist Award to YNC Jessica Cottrell



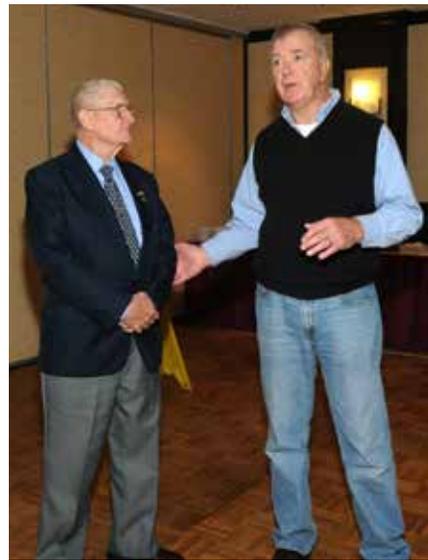
President Geno Koelker, Executive Director Steve Sandy presenting to Jennifer Marine and Past National President Nick Marine



Front Row (l to r) SKC Penny Padour; SKCS Norma B. von Dohren; YNC Dorothy Texidor; LNC Janice Roy. Back Row (l to r) YNC Debbie Fallon; YNC Joanne Elliott; YNC Chuck Sherrick; OSCM Hans Keller; AVCM Don Bauman; ETCM Lou Pagano; ACCM Delores Rucker



Left to Right Constitution Chapter Ken Harkins and Mike Viens and New England States Chapter Tom Carroll.



Chuck Sherrick, Recruiter of the Year and Steve Sandy



John Nickelson, Delores Rucker, Steve Devereaux and Duke Hayes.



Executive Director Steve Sandy and National President Nick Marine



The New NERA National Recycle Program

I am pleased to announce the new NERA National Recycle Program. Debbie Fallon, President of the USS Constitution Chapter, who has been successfully participating in this effort on behalf of her Chapter, has graciously accepted my request to oversee this program.

I encourage all chapters and members to help NERA in this “Nationwide” Recycling Program. It is quick and easy, and will not only help the environment, but help NERA raise funds to continue to protect the rights and benefits of all Reservists.



How can you help?

Just recycle your **Inkjet Cartridges, printer cartridges, toner cartridges, cell phones,** and **small electronics** such as **iPods/MP3 Players, Digital Cameras** and **GPS Devices** from your homes, jobs, local businesses and around your community (See the Qualifying List at nera.org for all acceptable items). Get a pre-paid shipping label, package them and ship them off. And the best part of this program is it will not cost your chapter any out-of-pocket expenses.

If you are interested in supporting our new program or if you have any questions, contact “National Recycle Coordinator” Debbie Fallon at (603) 858-4144 or debbiefallon@msn.com. Or contact headquarters via the new NERArecycles@nera.org or call (800) 776-9020, or (703) 534-1329.

Please review the guidelines below and check out our ad on page 23. Thanks for your support.

How the Recycling Fundraiser works

Simple Shipping Guidelines

1. CONTACT HEADQUARTERS or DEBBIE FALLON FOR SHIPPING LABEL:

A few items you might need:

- ✓ Shipping box
- ✓ Pre-paid shipping label (one per box)
- ✓ Newspaper or bubble wrap
- ✓ Sealable plastic bags
- ✓ Packing Tape

2. USE YOUR OWN BOXES:

Find a large, sturdy box no larger than 20” Wx20H x 24” D and able to hold a maximum of 40 lbs. when full.

TIP: Use old newspaper or bubble wrap as filler in boxes to protect items during shipment.

3. PACK BOXES USING THE 20/20 MINIMUM:

20 acceptable items. **or** 20 lbs. of items.

(i.e. 10 laser cartridges + 5 inkjet cartridges + 3 cell phones + 2 iPods = 20 items)

4. Attach one pre-paid shipping label to a box and seal shut. Leave it for the UPS driver or take it to any UPS drop-off location.

NOTE: Do not call UPS for a pick up. If called for pick-up, UPS will charge a mandatory fee that cannot be waived or reimbursed. Call 1-800-742-5877 or visit ups.com for the drop-off locations nearest you.



LETTERS TO NERA



HM1 Ryan Walter, USNR, one of two recipients of the NERA/USAA \$3,000 scholarship.

We'd love to hear from you!
Send letters to members@nera.org.

Check the NERA website for news
about reunions at
nera.org/events/reunions



FACES OF NERA — GOLD COUNTRY CHAPTER FAMILY DAY



GySGT Garrick Galvezl



Lynn Johnson & Norma von Dohren



Marines cooked their meals



GySGT Garrick Galvezl



SGT Michael Ordaz



Vet Center-Albert Revives, Norma von Dohren, Jorge Rodriguez



Yellow Ribbon, Karen Alexandrou



Military One Source, Julie Baumgartner



What can you do for NERA?

NERA Executive Director Steve Sandy takes calls daily from members inquiring how they can help NERA-- his favorite part of the day. It was suggested that Steve compile a list of FAQs about how you can help NERA.

1. Apply for and use a USAA/NERA Credit Card.

USAA provides great terms and low interest rates, and NERA receives cash back. Just using this card is a very easy way to support NERA.

2. Become a NERA Benefactor.

This program is available to all members. The cost of membership is \$550.00; this includes a NERA Life Membership. Existing Life Members can purchase a NERA Benefactor membership for a reduced cost of \$250.00.

3. Recruit a New Member.

4. Postage Donation.

\$15 a year can help offset our mailing costs for our free quarterly magazine, The Mariner. US Postage rates continue to increase and the cost to mail The Mariner this year alone will account for over \$13,000.

5. Buy a Brick.

Memorial Bricks can be used to celebrate your military career or honor the life of a loved one. The bricks will be strategically placed at NERA headquarters. For more information, visit nera.org.

6. Contribute to the Building Fund.

NERA Headquarters is in need of a new roof and gutters. The most recent bid on the project was \$12,451.50. To contribute to this fund, contact Penny Padour, Chairman of the Building Repair Fund. (Phone: 815 322-6277 Email: nerawindycity@hotmail.com)

7. Make a Donation.

Make a general donation to NERA. Any amount is greatly appreciated and will be put to good use. Use the Donation button at nera.org.

Any further questions should be directed to Steve Sandy at (703) 534-1329 or neraexec@nera.org.

Join at nera.org or use this form and mail it to NERA Headquarters at:

Naval Enlisted Reserve Association, Attn: Membership, 6703 Farragut Avenue, Falls Church, VA 22042-2189

Information

NAME _____

RATE/RANK _____ DATE OF BIRTH _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

TELEPHONE _____

E-MAIL _____

SPONSOR _____

Branch of Service

- Navy
- Marine Corps
- Coast Guard
- Other
- Civilian

Duty Status

- A - Active Duty
- I - Inactive Duty (SELRES, IRR, VTU)
- R - Retired

Membership Type

- Active
- Associate

Dues Payment Amount

- \$30 - 1 Year
- \$57 - 2 Years
- \$84 - 3 Years
- \$300 - Life
- \$100 - Life Member (Payplan)*
- \$550 - NERA Benefactor (existing Life Members can purchase at reduced cost of \$250)

** Partial Pay to be paid within six months*

Payment Information

CHECK (enclosed) CREDIT CARD Visa MasterCard

CREDIT CARD NUMBER _____

EXP. DATE _____

SIGNATURE _____



Join NERA and Advance Your Career

Your membership to NERA gives you access to resources and services that will help you advance your career. Join NERA today and become part of our elite group of Sea Service Reservists. NERA memberships are available to enlisted members of the Navy, Coast Guard and Marines. Members include FTS, IRR, VTU and retirees.

NERA wants you to excel in your career, so we provide the professional resources needed for you to grow. NERA is recognized as the premiere association for Sea Service Reservists. Benefit from our hard work advocating for you and join NERA today. You will advance your career through support, participation, and advocacy and become part of the NERA team.

Annual 1 Year NERA Membership:	\$30.00 (1 year)
Annual 2 Year NERA Membership:	\$57.00 (2 years)
Annual 3 Year NERA Membership:	\$84.00 (3 years)
Lifetime Membership:	\$300.00 (one-time fee)

Already a Member?

You can still support NERA by becoming a NERA Benefactor. Join the ranks of this special group who recognizes the importance of NERA's work. NERA Benefactors are vital to NERA's advocacy efforts and growth as an organization. We truly appreciate their efforts in advancing NERA's cause.

The plaque honoring NERA Benefactors at NERA's Headquarters states:

"A distinguished group of NERA members whose outstanding dedication and support fortifies the legacy of the Naval Enlisted Reserve Association thus inspiring future generations to absolute greatness."

Existing Lifetime Members:	\$250
New NERA Benefactor (includes Lifetime Membership):	\$550



Help Secure the Future of the Naval Enlisted Reserve Association

Suggested Language for Making a Bequest to the Naval Enlisted Reserve Association (NERA)

You may include a bequest to support NERA when preparing your will or by adding a codicil to your present will. Bequests may be of cash, securities, real estate or other property. Bequests of all sizes are welcome, whether they are outright, contingent or residual.

If you are considering designating how your bequest will be used by NERA or establishing an endowed fund through your estate plans, please contact (or have your professional advisor contact) Stephen R. Sandy, Executive Director of NERA, at 800-776-9020 or neraexec@nera.org.

Please note: This information is not intended to be legal or tax advice. We recommend that you consult with a qualified estate planning attorney when drafting your will.

Your request should be directed to The Naval Enlisted Reserve Association. The following language may be useful to your attorney:

Specific Bequest

“I give The Naval Enlisted Reserve Association, Falls Church, Virginia, 22042, the sum of \$_____ to be used for the general support of NERA.”

Residual Bequest

“I give The Naval Enlisted Reserve Association, Falls Church, Virginia, 22042, ___ percent of the residue of my estate to be used for the general support of NERA.”

Contingent Bequest

“In the event that _____ predeceases me, I give The Naval Enlisted Reserve Association, Falls Church, Virginia, 22042, the sum of \$_____ (or, alternatively, ___ percent of the residue of my estate) to be used for the general support of NERA.” ■



We mourn the loss of our NERA members and compatriots.

We suffer with their loved ones, who grieve the loss of vital love, companionship and guidance. Their place will always remain vacant among this patriotic assembly.

BT1 Francis Paul Brady
PTR3 Joseph A. Di Sapio
EO1 David K. Edmands
MMCS John La Force
Ms. Lottie M. Harris
MMCS Robert E. Keller

ENCS William H. Leslie

Golden Empire
James F. McAuliffe
New England States
Delaware Valley
Leo J. Milobar
Pagoda Chapter
of Reading
Gerald R. Ford

PN1 Heidi Oertley
YNCS Edward Paschke
YNC(SW) Latzie Peltz
RMC Edward W. Sorensen
MM2 Richard L. Stewart
SMCM Samuel Swope
BUC Toscano Vincent
MS1 Willie Washington, Jr.

Joe Wasson
Washington State MAL
Joe Wasson
Leo J. Milobar
Niagara Frontier
Tennessee State MAL
Greater New York
Greater Pittsburgh



“A Tribute to HMCM Manny Ratner”

A distinguished group of NERA lifetime members whose outstanding dedication and support continues to fortify the legacy of the Naval Enlisted Reserve Association thus inspiring future generations to absolute greatness.

DK2 Donnie H. Adkins
 HMCS William M. Allen
 MCPO-CGRF Mark H. Allen
 PNC William A. Anderson
 EMC Larry M. Arnold
 IS1 Judith A. Ayers
 CWO4 Shirley Barlow †
 SKCS John A. Bartlett
 LSC Michael F. Bartsch
AVCM Don Bauman
 LCDR William D. Bennett
 BM1 Jeffrey Benton
 AEC Charles A. Berger
 CUCM David D. Boman
 OS1 Donald J. Bond
 IS1 Wayne E. Boyer**
 DKMC Charles E. Bradley
 MCC Brian Brannon
 CMC John K. Brian, Jr.
 SKCM Julius ‘Gene’ E. Brown
 IT1 Gerald E. Bruce
 QMC(SS) Fred A. Bruno
 HMCM Harry T. Buckles
 ATC Dennis E. Buisman**
 PN2 James A. Bullard
 DK1 John D. Burke
 CTRCS Charles A. Burkett
 AZC(AW) John L. Busby
 FTGC(SW) James W. Cain
 GSCM Ralph W. Camp, Jr.
 AO1 Thomas B. Carroll
 CWO4 Michael Chierico
 SKC Donna Childre
 AMSC William F. Clark
 RADM Casey W. Coane
 HMC Noel H. Cotton
 HMCS Robert C. Cramer
 CAPT Ted Daywalt
 VADM Dirk J. Debbink
 ICCS Milton E. Degroodt
 EO1 Steven L. Devereaux
 AFCM(NAC/AW) David J. Di Marzio
MMC Larry J. Di Pasquale
 AMH1 David M. Drajna
 SKC (AW) William Duda
 DPC Richard B. DuRall
 AMCS James Edfors
 Mrs. Lois Edfors
 CM1 Albert C. Edsman
 PNCM(RET) Richard J. Elfrink
YNC Joanne M. Elliott
 EM2 Glenn I. Fessler
 HM1 Mary E. Finley
 EM1 Edward L. Fitzsimmons †
 MMCS Jesse Fox

AEC Kenneth D. Freese
 LNC James M. Frierson
 SHC James Bruce Fromel**
 MS1 Victor Frumolt III
 QMC George M. Garcia
SKCS Joan Gardom
 IC1 Lloyd L. Gibbs
 FORCM Chris Glennon
 BM1 Claud F. Gordon, Jr.
STCM(SW) David A. Green
 HTCS Morris A. Greening
 AKC Martin J. Grillo
 RADM Wallace N. Guthrie
 HMCS James B. Hagerman
 AVCM Steveon H. Hall †
 RMC Jerry D. Hall
 CMDCM(FMF) Paul Haller
 STCM Jerome A. Hamling
 MSCS Larry L. Hamm
 ADR1 Joseph Harrison, Jr.
 MN1 Clifton D. Hayes
 BUC Edgar E. Hedgecock
 CAPT John G. Herbein
 SKCS Edward C. Hettel, Jr.
 RMCM Ronnie W. Hepler
 CE1(RET) Francis J. Heywood
 AKCS(RET) John M. Hicks
 OSC Michael Patrick Hughes
 ETCM Joseph J. Humphrey, Jr.
 QMC Bernard F. Hurchalla
 AECS Bradlee Hutchinson
 AT1 Harold A. Hyslop
 GSMC David L. Ingram
 PSCS Luther Jennings
 HMC Paul E. Jensen
 CM1 David B. Johnson
 YNCM(RET) Martha E. Johnston**
 YNCS(SCW) Arthur A. Julian III
 EMC Nicholas G. Karthas
 MAC(RET) Tommy L. Keheley
 RADM Stephen T. Keith**
 OSCM(SW) Hans O. Keller
 HT1 Herman M. Keller, Jr.
 SK1 K. Daniel Kelly
 HMC George H. Kenson
 YNCM George J. Knorr
ABHCS Eugene ‘Geno’ Koelker
 ADJ1 Frank L. Kreutzer
 IMC Gerard P. Kuebler
 ABFC Fred V. Kurtz
 HM1 Dale L. Lankford
 FTCM Dwight Lanning
 BMC Joseph C. Lanning Jr.
 YNC Jeanne Lemasters
 AFCM John M. Lenard
 BU1 Fred G. Leppig

SK1 Richard W. Lewis
 MS1 Floyd E. Lindsey
 AKCM John J. Lomax
 TSGT Joaquin A. Lopez
 AMS1 William P. Mancusi
 OS1 Herbert F. Mann, Jr.
 YNCS David J. Marden
SKCS(SW) Nick Marine
 YN1 Ian Mastrup
 YNC Joseph Michael Mauro
 SKCS Gene McCarthy
 AE1 William B. McCaskill
 LNC John McCormack
 BTC Terrell V. McMullin
 HT1 Arthur J. Meconi
 SFC John W. Meek
 QMC C. Bruce Melcher
 CUCM David N. Mentink
 QM2 James W. Mitterer Jr.
 FCCM(SW) Thomas W. Mlnarik
 AE1 Harry Moffat
 SMC James L. Monroe
 HTCS Anthony W. Morris
 IV2 Thomas A. “Bull” Morton
 YNC Marianne E. Mosher
 AMH1 Duane E. Mosher
 BMCM E. J. Musielewicz †
 CMDCM(FMF) Ron Naida**
 LCDR Thomas F. Norton
 MSCM(SW/SCW) David A. Nygaard**
MS1(SS) Eddie G. Oca**
 SKC(SW) Robert E. Orton
SKC(AW) Penny I. Padour
 ETCM Louis Pagano
 ENCS Raymond R. Page
 EOCS Robert D. Parrish
 Mr. Norman S. Pearce
 DCCM Charles E. Peterman, Jr.
 ENC Carlos L. Phillis
 LTJG Brian P. Pietrandrea
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